



Applied Neuroscience Society of Australasia News update

April 2011

www.appliedneuroscience.org.au/ANSA_newsupdate

ANSA Conference 2011 special combo deal!!!

We are offering a special deal for ANSA Members who would like to attend the 2011 ANSA Conference and the 4-day QEEG & Loreta workshop with Dr Leslie Sherlin.

The first 20 people who register for both events will only pay \$1300!!!!

Please register today to make sure you don't miss out on this deal by going to

http://www.appliedneuroscience.org.au/ANSA_events

or follow the link [Events](#) and register for the Conference + workshop package.

Non Member fee is \$1600 for both events. It is not too late to renew your membership or join our Society and enjoy all the great benefits ANSA members enjoy.

Please call Julie at Solstice-Mind Matters on 0755992220 if you need any assistance. Manual processing attracts 2% surcharge on credit card.

**ANSA Conference 2011
Management team**

Dear Colleagues,

This is the first issue of ANSA News update, which we intend to send regularly to make sure you don't miss out on important news, events and announcements important for our Society.

Content:

- 1. Message from ANSA President Sue-Ellen Taylor**
- 2. ANSA Mission Statement proposal**
- 3. ISNR position Paper on Standards of neurofeedback**
- 4. ANSA Q-Club News (QEEG study group)**

1. Message from ANSA President Sue-Ellen Taylor

We are currently underway with the organisation of our 2011 conference and workshops. The program is filling quickly. Anyone who would like to present please contact ANSA ASAP. This year the conference is to be held in Sydney. We have listened to the wishes of the ANSA rank and file and we will be trialling a public open day for the first time. The Brain-Health Expo will be held from 1pm in the afternoon, after the City to Surf fun run. This represents a fantastic opportunity to showcase what we do as there will be visitors from all over Australia in Sydney for the weekend. Our challenge is to publicise our event to get maximum attendance. Conference attendees will of course be welcome to come and listen to lectures and demonstrations, mingle with the public and have fun. This year attendees will need to be organised ahead of time with flights and accommodation booked well in advance. Accommodation has been reserved for delegates attending the entire conference and workshop series. We also have a special price for these special people, however you will need to get in quickly as it is only on offer to the first 20 who sign up!

In addition to the Open Day on Sunday, there will be an "Introduction to Neurofeedback" workshop for Beginners to be held by Dr Kenneth Kang. This is also a first. Please could everyone publicise this opportunity to all of those people that you know who have been "meaning to look into" doing neurofeedback but have not had the opportunity to attend any introductory lectures or training. Kenneth will also be presenting a two hour workshop during the Conference covering his integrated neurofeedback and biochemical approach to treatment.

Putting the conference together has been extremely difficult and we have been fortunate to have the support again this year of Solstice-Mind Matters who have offered their facilities, resources and staff for the third year running. Our Treasurer, Rustam Yumash, has again been working tirelessly on the program and all the minutiae necessary to make things happen. Last year we engaged AST management to assist with publicising and registrations for the conference. Due to everyone who is involved with ANSA being busy professionals, the time available for pulling such a complex event out of a hat is limited. Some tasks have therefore been farmed out, as was the case in previous years, to an Event Management Team supplied by Solstice. As a result, the association does not have to be responsible for the complexities that may arise if we were to employ people directly to do tasks such as bookings and receipting, website and data-base management, promotion, marketing etc.

We have secured an excellent keynote speaker; Leslie Sherlin PhD. Leslie is the current President of ISNR (International Society for Neurofeedback & Research). We asked Leslie to give a comprehensive overview of recent scientific publications on Neurofeedback treatment for ADHD and its efficacy. Leslie chaired an important panel discussion at the 2010 ISNR Conference in Denver. You can access some information about this important development on ANSA website:

News Update ([url: www.appliedneuroscience.org.au/ANSA_newsupdate](http://www.appliedneuroscience.org.au/ANSA_newsupdate))

2. ANSA Mission Statement review proposal

ISNR and AAPB have recently overhauled their mission statements with an emphasis on ensuring common core knowledge for practitioners and continuing quality outcomes for clients. With growing interest in the area and practitioners from diverse backgrounds offering services in the field, standards are becoming a core issue for our Association. Our Certification Committee is currently working on BCIA affiliation so that Australian certification may soon begin. Following are some ideas for an update of our own mission statement in line with these goals. I am very interested in member's ideas regarding whether this is necessary or advised, and whether the suggestions below cover the diverse aspirations of our society.

To improve lives through neuroplasticity-based, self-regulatory modalities and promote excellence in the clinical practice of applied neuroscience through:

- Developing common standards of clinical best-practice and ethical guidelines for practitioners
- Developing core foundation skills and knowledge for practitioners including neurophysiology and learning theory
- Providing information resources, training and support to clinicians
- Encouraging further scientific research into clinical applications of EEG, neuromodulation, neurocognitive and brain-regulation technologies including neurofeedback and other forms of brain training
- Providing education and information resources for the public and professionals outside the field
- Encourage and support new practitioners in the field

3. Important news from ISNR

ISNR has recently published a very important document:

A Position Paper of the International Society for Neurofeedback & Research 'Standards of Practice for Neurofeedback and Neurotherapy

Journal of Neurotherapy: Investigations in Neuromodulation, Neurofeedback and Applied Neuroscience,
Volume 15, Issue 1, 2011, Pages 54 - 64

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You can download this article for free from the ANSA website: www.appliedneuroscience.org.au/ANSA_newsupdate

I think this is a very timely and important document that has already generated a lot of discussions on ISNR member's list serve. You can join the listserve if you are an ANSA member and a complimentary member of ISNR as per ANSA institutional membership agreement.

4. ANSA Q-Club News (QEEG study group) from John Hegg

The QEEG Study Group: more affectionally known as The Q Club

A strong surge of interest in QEEG and ERP's emerged from Yuri Kropotov and Jay Gunkelman's workshop at ANSA conference two years ago. Well they certainly spurred me into action. Having enjoyed the journey of Neurofeedback for a dozen years now, I have been totally refreshed with the addition of qEEG as a central part of my practice. In fact I will rarely do NFB without a Q given what I know now.

So the idea struck me that we could form a study group to share and develop our understanding of qEEG. The idea was to have an open and supportive environment to work in. As our association is becoming more mature and respectful of our many differences in orientation the time felt right.

It took very little time to form the group. Mirjana Askovic from STARTTS was quick to offer their facilities to host the meetings. Again STARTTS provides leadership in this emerging field! Just like they did when I floated the idea of an interest group in the APS. Bang it was done. Its one thing to have an idea it is another to make it happen. Our friends in STARTTS have energy and commitment, which is simply fantastic and they deserve our gratitude and respect.

The Q Club meets 2 or 3 times a year and we have drawn upon the expertise of Jay Gunkelman via Skype to demonstrate methods of analysis and to field questions from the group. Sebern Fisher joined the group and presented on the neurology of fear. As we go forward we will expand our membership and our guest presenters. However, we must not overlook the important contributions of our own members; Moshe Perl, Mirjana Askovic and Angelo Schibeci to name but a few.

I would encourage anyone with an interest in qEEG to take a place at the table and make a contribution. Together we will learn faster and make greater the benefits to the people we work with. Please consider making this group your own. It is a low budget high value group.

The next meeting is Saturday 11 June 10AM-4PM. An agenda will soon be posted. I hope to see you there!

Jon Hegg BCN

Stay tuned for our next update. We welcome your input and comments so please contact us at events@appliedneuroscience.org.au